***Saving young lives by advancing the awareness and prevention of depression and suicide.***

**Annual Report 2022 Fiscal Year July 1, 2021 - June 30th 2022**

**PROGRAM ACCOMPLISHMENTS**

This year CHADS has delivered a message of hope and healing to over 56,000 teens and adults, through school-based programs focused on the prevention of suicide and depression, and teaching entire schools how to reduce bullying.

**Signs of Suicide (SOS) Program** has a goal of preventing suicide among youth 25 and under in the Greater St. Louis area. CHADS uses the evidence-based Signs of Suicide to teach middle and high school students to recognize and respond to the warning signs of teen depression and suicide. We reached 54,996 teens and adults through 2,242 presentations in 180 schools. Our presentations give students the chance to privately ask for help, and in 2021-2022, 15.1% of students in CHADS presentations took advantage of that opportunity.

**Social Emotional Wellbeing (SEW) Program** is a one-on-one program designed to enhance social emotional learning and promote stronger coping skills for youth. During the 2021-2022 school year, CHADS served 552 mentoring clients through 6,343 sessions, with 88% of clients showing improvement on our evidence-based measures.

**Family Support Program** offers a caring, individualized response to parents who have a young person struggling with mental illness or emotional concerns. After participating, parents are better equipped to make decisions and access services, and we assist with connections to services. This year CHADS assisted 504 youth with 4,311 counseling sessions, with 71% showing improvement in their symptoms on our evidence-based evaluation tools.

**CARF Accreditation**

The Commission on Accreditation of Rehabilitations Facilities, a national organization that establishes standards for high quality care, has certified CHADS for three years. CHADS provides free services to schools or families.

**FINANCIAL INFORMATION**

**Year ending 6/30/2022**

**Income**

Contributions & Grants 574,016

Special Events 322,091

Government Revenue 851,744

Program Revenue 282,760

Other 74,680

TOTAL $2,105,291

**Expenses**

Program (75%) 1,317,906

Administrative (11%) 180,871

Fundraising (14%) 250,610

TOTAL $1,749,387

**Assets**

Assets at start of year 814,146

Assets at end of year 1,333,883

Change in assets $519,737

**BOARD OF DIRECTORS**

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